



Ings Farm Primary Long Term Plan

**PSHE and Citizenship  
2016-2017**

Skills &  
Processes

1	Intrapersonal
2	Interpersonal
3	Enquiry
4	
5	
6	

Skills & Processes involved - Indicate by term or **C** for continuous

Year	Term 1	Term 2	Term 3	1	2	3	4	5	6
Nursery	Ongoing throughout the year <span style="color: blue;">—————&gt;</span> Prime Area: Personal, Social and Emotional Development Aspects: 1. Making relationships 2. Self-confidence and self-awareness 3. Managing feelings and behaviour Specific Area: Understanding of the World Aspect: People and communities			C	C	C			
Reception	As above with addition focussed topics.			C	C	C			
	<b>SEAL - New beginnings.</b> *Creating a class community/ getting to know each other. *Class Rules. *Feelings. *Lucinda and Godfrey - Keeping hygienic. *Staying healthy. *People who help us. <b>SEAL- Getting on and falling out.</b> *Telling the truth *Friendship. *Conflict and cooperation. *Managing feelings and resolving conflicts. *Fire work safety. *My Money Foundation Units 1.-	<b>SEAL - Say No to bullying / diversity.</b> *Friendship. *Helping others. *Bullying - Name calling. <b>SEAL- Going for Goals and It's good to be me.</b> *Knowing myself. *My Goal is.... *Keeping going. *Understanding my feelings; happy and proud. *My Money Foundation Units 2-	<b>SEAL- Relationships</b> *Understanding my feeling - fair and unfair. Making choices. <b>SEAL- Changes</b> *Dealing with change and making change happen. *Keeping safe - road, at home, out and about. *MY Money Foundation units 3	C	C	C			
Year 1	<b>Class rules</b> <b>Who looks after me</b> <b>SEAL Theme 'New Beginnings'</b> <b>SEAL Theme 'Getting on and falling out'</b> <b>My Money Unit 1 Understanding My Money</b> <b>Lucinda and Godfrey 'Friendship'/ Special people</b>	<b>SEAL Theme 'Going for Goals'</b> <b>SEAL Theme 'Good to be me'</b> <b>My Money Unit 2 My Money Works</b> <b>Medicines</b> <b>Keeping safe</b> <b>Rights and responsibilities</b>	<b>SEAL Theme 'Relationships'</b> <b>SEAL Theme 'Changes'</b> <b>My communities</b> <b>My Money Unit 2 My Money Impact</b> <b>Heartstart</b> <b>The Body</b>	C	C	C			
Year 2	<b>Class rules</b> <b>SEAL Theme 'New Beginnings'</b> <b>SEAL Theme 'Getting on and falling out'</b> <b>My Money Unit 1 Understanding My Money</b> <b>Lucinda and Godfrey 'Personal Hygiene'</b> <b>Local environment</b>	<b>SEAL Theme 'Going for Goals'</b> <b>SEAL Theme 'Good to be me'</b> <b>My Money Unit 2 My Money Works</b> <b>Growing and changing</b> <b>Diversity</b> <b>Secrets and surprises (inc physical contact)</b>	<b>SEAL Theme 'Relationships'</b> <b>SEAL Theme 'Changes'</b> <b>My Money Unit 2 My Money Impact</b> <b>Heartstart</b> <b>Harmful substances</b> <b>Rights and responsibilities</b>	C	C	C			

Year 3	<p>Class rules</p> <p>SEAL Theme 'New Beginnings'</p> <p>SEAL Theme 'Getting on and falling out'</p> <p>My Money Unit 1 Understanding My Money</p> <p>Risk, danger and hazard</p> <p>Bacteria and viruses (inc. food hygiene)</p>	<p>SEAL Theme 'Going for Goals'</p> <p>SEAL Theme 'Good to be me'</p> <p>My Money Unit 2 My Money Works</p> <p>Lucinda and Godfrey 'Negative Feelings'</p> <p>Diversity</p> <p>Rules and Law</p> <p>Rights and responsibilities</p>	<p>SEAL Theme 'Relationships' (inc. physical contact)</p> <p>SEAL Theme 'Changes'</p> <p>My Money Unit 2 My Money Impact</p> <p>Heartstart</p> <p>Tobacco</p>	C	C	C			
Year 4	<p>Class rules</p> <p>SEAL Theme 'New Beginnings'</p> <p>SEAL Theme 'Getting on and falling out'</p> <p>My Money Unit 1 Understanding My Money</p> <p>Risk, danger and hazard</p> <p>Resisting pressure/asking for help</p> <p>'Dares'</p>	<p>SEAL Theme 'Going for Goals'</p> <p>SEAL Theme 'Good to be me'</p> <p>My Money Unit 2 My Money Works</p> <p>Lucinda and Godfrey 'Personal Risk'</p> <p>Rights and responsibilities</p> <p>The range of identities in the UK</p>	<p>SEAL Theme 'Relationships' (inc. secrets)</p> <p>SEAL Theme 'Changes'</p> <p>My Money Unit 2 My Money Impact</p> <p>Heartstart</p> <p>Diversity</p> <p>Discrimination and stereotypes</p>	C	C	C			
Year 5	<p>Class rules</p> <p>SEAL Theme 'New Beginnings'</p> <p>SEAL Theme 'Getting on and falling out'</p> <p>My Money Unit 1 Understanding My Money</p> <p>Alcohol</p> <p>Assessing risks</p>	<p>SEAL Theme 'Going for Goals'</p> <p>SEAL Theme 'Good to be me'</p> <p>My Money Unit 2 My Money Works</p> <p>Rights and responsibilities</p> <p>Rules and Laws</p> <p>Pressure</p> <p>Diversity and discrimination</p>	<p>SEAL Theme 'Relationships' (inc. types of relationship and physical contact)</p> <p>SEAL Theme 'Changes'</p> <p>My Money Unit 2 My Money Impact</p> <p>Heartstart</p> <p>Lucinda and Godfrey Puberty 1</p> <p>Enterprise</p>	C	C	C			
Year 6	<p>Class rules</p> <p>SEAL Theme 'New Beginnings'</p> <p>SEAL Theme 'Getting on and falling out'</p> <p>My Money Unit 1 Understanding My Money</p> <p>Diversity</p> <p>Prejudice and stereotypes</p>	<p>SEAL Theme 'Going for Goals'</p> <p>SEAL Theme 'Good to be me'</p> <p>My Money Unit 2 My Money Works</p> <p>Rights and responsibilities</p> <p>Assessing Risks</p> <p>Drugs</p> <p>Community</p>	<p>SEAL Theme 'Relationships' (inc. secrets)</p> <p>SEAL Theme 'Changes' (inc. divorce and bereavement)</p> <p>My Money Unit 2 My Money Impact</p> <p>Heartstart</p> <p>Lucinda and Godfrey Puberty 2</p> <p>The Media</p>	C	C	C			
Whole School	Anti-bullying week (November)		Health Week linked to National School Sports Week (June)						

Core themes

KS1 and 2

Health and wellbeing

Relationships

Economic wellbeing and being a responsible citizen