



Ings Farm Primary Long Term Plan

**PSHE and Citizenship
2018-2019**

Skills &
Processes

| | |
|---|---------------|
| 1 | Intrapersonal |
| 2 | Interpersonal |
| 3 | Enquiry |
| 4 | |
| 5 | |
| 6 | |

Skills & Processes involved - Indicate by term or C for continuous

| Year | Term 1 | Term 2 | Term 3 | 1 | 2 | 3 | 4 | 5 | 6 |
|-----------|--|---|--|---|---|---|---|---|---|
| Nursery | Ongoing throughout the year —————> Prime Area: Personal, Social and Emotional Development Aspects: 1. Making relationships 2. Self-confidence and self-awareness 3. Managing feelings and behaviour Specific Area: Understanding of the World Aspect: People and communities | | | C | C | C | | | |
| Reception | As above with addition focussed topics. | | | C | C | C | | | |
| | SEAL - New beginnings. *Creating a class community/ getting to know each other. *Class Rules. *Feelings. *Lucinda and Godfrey - Keeping hygienic. *Staying healthy. *People who help us. SEAL- Getting on and falling out. *Telling the truth *Friendship. *Conflict and cooperation. *Managing feelings and resolving conflicts. *Fire work safety. *My Money Foundation Units 1.- | SEAL - Say No to bullying / diversity. *Friendship. *Helping others. *Bullying - Name calling. SEAL- Going for Goals and It's good to be me. *Knowing myself. *My Goal is.... *Keeping going. *Understanding my feelings; happy and proud. *My Money Foundation Units 2- | SEAL- Relationships *Understanding my feeling - fair and unfair. Making choices. SEAL- Changes *Dealing with change and making change happen. *Keeping safe - road, at home, out and about. *MY Money Foundation units 3 | C | C | C | | | |
| Year 1 | Class rules Who looks after me SEAL Theme 'New Beginnings' SEAL Theme 'Getting on and falling out' My Money Unit 1 Understanding My Money Lucinda and Godfrey 'Friendship'/ Special people | SEAL Theme 'Going for Goals' SEAL Theme 'Good to be me' My Money Unit 2 My Money Works Medicines Keeping safe Rights and responsibilities | SEAL Theme 'Relationships' SEAL Theme 'Changes' My communities My Money Unit 2 My Money Impact Heartstart The Body | C | C | C | | | |
| Year 2 | Class rules SEAL Theme 'New Beginnings' SEAL Theme 'Getting on and falling out' My Money Unit 1 Understanding My Money Lucinda and Godfrey 'Personal Hygiene' Local environment | SEAL Theme 'Going for Goals' SEAL Theme 'Good to be me' My Money Unit 2 My Money Works Growing and changing Diversity Secrets and surprises (inc physical contact) | SEAL Theme 'Relationships' SEAL Theme 'Changes' My Money Unit 2 My Money Impact Heartstart Harmful substances Rights and responsibilities | C | C | C | | | |

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| Year 3 | <p>Class rules</p> <p>SEAL Theme 'New Beginnings'</p> <p>SEAL Theme 'Getting on and falling out'</p> <p>My Money Unit 1 Understanding My Money</p> <p>Risk, danger and hazard</p> <p>Bacteria and viruses (inc. food hygiene)</p> | <p>SEAL Theme 'Going for Goals'</p> <p>SEAL Theme 'Good to be me'</p> <p>My Money Unit 2 My Money Works</p> <p>Lucinda and Godfrey 'Negative Feelings'</p> <p>Diversity</p> <p>Rules and Law</p> <p>Rights and responsibilities</p> | <p>SEAL Theme 'Relationships' (inc. physical contact)</p> <p>SEAL Theme 'Changes'</p> <p>My Money Unit 2 My Money Impact</p> <p>Heartstart</p> <p>Tobacco</p> | C | C | C | | | |
| Year 4 | <p>Class rules</p> <p>SEAL Theme 'New Beginnings'</p> <p>SEAL Theme 'Getting on and falling out'</p> <p>My Money Unit 1 Understanding My Money</p> <p>Risk, danger and hazard</p> <p>Resisting pressure/asking for help</p> <p>'Dares'</p> | <p>SEAL Theme 'Going for Goals'</p> <p>SEAL Theme 'Good to be me'</p> <p>My Money Unit 2 My Money Works</p> <p>Lucinda and Godfrey 'Personal Risk'</p> <p>Rights and responsibilities</p> <p>The range of identities in the UK</p> | <p>SEAL Theme 'Relationships' (inc. secrets)</p> <p>SEAL Theme 'Changes'</p> <p>My Money Unit 2 My Money Impact</p> <p>Heartstart</p> <p>Diversity</p> <p>Discrimination and stereotypes</p> | C | C | C | | | |
| Year 5 | <p>Class rules</p> <p>SEAL Theme 'New Beginnings'</p> <p>SEAL Theme 'Getting on and falling out'</p> <p>My Money Unit 1 Understanding My Money</p> <p>Alcohol</p> <p>Assessing risks</p> | <p>SEAL Theme 'Going for Goals'</p> <p>SEAL Theme 'Good to be me'</p> <p>My Money Unit 2 My Money Works</p> <p>Rights and responsibilities</p> <p>Rules and Laws</p> <p>Pressure</p> <p>Diversity and discrimination</p> | <p>SEAL Theme 'Relationships' (inc. types of relationship and physical contact)</p> <p>SEAL Theme 'Changes'</p> <p>My Money Unit 2 My Money Impact</p> <p>Heartstart</p> <p>Lucinda and Godfrey Puberty 1</p> <p>Enterprise</p> | C | C | C | | | |
| Year 6 | <p>Class rules</p> <p>SEAL Theme 'New Beginnings'</p> <p>SEAL Theme 'Getting on and falling out'</p> <p>My Money Unit 1 Understanding My Money</p> <p>Diversity</p> <p>Prejudice and stereotypes</p> | <p>SEAL Theme 'Going for Goals'</p> <p>SEAL Theme 'Good to be me'</p> <p>My Money Unit 2 My Money Works</p> <p>Rights and responsibilities</p> <p>Assessing Risks</p> <p>Drugs</p> <p>Community</p> | <p>SEAL Theme 'Relationships' (inc. secrets)</p> <p>SEAL Theme 'Changes' (inc. divorce and bereavement)</p> <p>My Money Unit 2 My Money Impact</p> <p>Heartstart</p> <p>Lucinda and Godfrey Puberty 2</p> <p>The Media</p> | C | C | C | | | |
| Whole School | Anti-bullying week (November) | | Health Week linked to National School Sports Week (June) | | | | | | |
| Core themes | | <p>KS1 and 2</p> <p>Health and wellbeing</p> <p>Relationships</p> <p>Economic wellbeing and being a responsible citizen</p> | | | | | | | |