



Ings Farm Primary Long Term Plan

**PSHE and Citizenship
2019-2020**

Skills &
Processes

1	Intrapersonal
2	Interpersonal
3	Enquiry
4	
5	
6	

Skills & Processes involved - Indicate by term or C for continuous

Year	Term 1	Term 2	Term 3	1	2	3	4	5	6
Nursery	Ongoing throughout the year → Prime Area: Personal, Social and Emotional Development Aspects: 1. Making relationships 2. Self-confidence and self-awareness 3. Managing feelings and behaviour Specific Area: Understanding of the World Aspect: People and communities			C	C	C			
	As above with addition focussed topics.			C	C	C			
Reception	SEAL - New beginnings. *Creating a class community/ getting to know each other. *Class Rules. *Feelings. *Lucinda and Godfrey - Keeping hygienic. *Staying healthy. *People who help us. SEAL- Getting on and falling out. *Telling the truth *Friendship. *Conflict and cooperation. *Managing feelings and resolving conflicts. *Fire work safety. *My Money Foundation Units 1.-	SEAL - Say No to bullying / diversity. *Friendship. *Helping others. *Bullying - Name calling. SEAL- Going for Goals and It's good to be me. *Knowing myself. *My Goal is... *Keeping going. *Understanding my feelings: happy and proud. *My Money Foundation Units 2-	SEAL- Relationships *Understanding my feeling - fair and unfair. Making choices. SEAL- Changes *Dealing with change and making change happen. *Keeping safe - road, at home, out and about. *MY Money Foundation units 3	C	C	C			
Year 1	Class rules Who looks after me SEAL Theme 'New Beginnings' SEAL Theme 'Getting on and falling out' My Money Unit 1 Understanding My Money Lucinda and Godfrey 'Friendship'/ Special people	SEAL Theme 'Going for Goals' SEAL Theme 'Good to be me' My Money Unit 2 My Money Works Medicines Keeping safe Rights and responsibilities	SEAL Theme 'Relationships' SEAL Theme 'Changes' My communities My Money Unit 2 My Money Impact Heartstart The Body	C	C	C			
Year 2	Class rules SEAL Theme 'New Beginnings' SEAL Theme 'Getting on and falling out' My Money Unit 1 Understanding My Money Lucinda and Godfrey 'Personal Hygiene' Local environment	SEAL Theme 'Going for Goals' SEAL Theme 'Good to be me' My Money Unit 2 My Money Works Growing and changing Diversity Secrets and surprises (inc physical contact)	SEAL Theme 'Relationships' SEAL Theme 'Changes' My Money Unit 2 My Money Impact Heartstart Harmful substances Rights and responsibilities	C	C	C			

Year 3	<p>Class rules</p> <p>SEAL Theme 'New Beginnings'</p> <p>SEAL Theme 'Getting on and falling out'</p> <p>My Money Unit 1 Understanding My Money</p> <p>Risk, danger and hazard</p> <p>Bacteria and viruses (inc. food hygiene)</p>	<p>SEAL Theme 'Going for Goals'</p> <p>SEAL Theme 'Good to be me'</p> <p>My Money Unit 2 My Money Works</p> <p>Lucinda and Godfrey 'Negative Feelings'</p> <p>Diversity</p> <p>Rules and Law</p> <p>Rights and responsibilities</p>	<p>SEAL Theme 'Relationships' (inc. physical contact)</p> <p>SEAL Theme 'Changes'</p> <p>My Money Unit 2 My Money Impact</p> <p>Heartstart</p> <p>Tobacco</p>	C	C	C			
Year 4	<p>Class rules</p> <p>SEAL Theme 'New Beginnings'</p> <p>SEAL Theme 'Getting on and falling out'</p> <p>My Money Unit 1 Understanding My Money</p> <p>Risk, danger and hazard</p> <p>Resisting pressure/asking for help</p> <p>'Dares'</p>	<p>SEAL Theme 'Going for Goals'</p> <p>SEAL Theme 'Good to be me'</p> <p>My Money Unit 2 My Money Works</p> <p>Lucinda and Godfrey 'Personal Risk'</p> <p>Rights and responsibilities</p> <p>The range of identities in the UK</p>	<p>SEAL Theme 'Relationships' (inc. secrets)</p> <p>SEAL Theme 'Changes'</p> <p>My Money Unit 2 My Money Impact</p> <p>Heartstart</p> <p>Diversity</p> <p>Discrimination and stereotypes</p>	C	C	C			
Year 5	<p>Class rules</p> <p>SEAL Theme 'New Beginnings'</p> <p>SEAL Theme 'Getting on and falling out'</p> <p>My Money Unit 1 Understanding My Money</p> <p>Alcohol</p> <p>Assessing risks</p>	<p>SEAL Theme 'Going for Goals'</p> <p>SEAL Theme 'Good to be me'</p> <p>My Money Unit 2 My Money Works</p> <p>Rights and responsibilities</p> <p>Rules and Laws</p> <p>Pressure</p> <p>Diversity and discrimination</p>	<p>SEAL Theme 'Relationships' (inc. types of relationship and physical contact)</p> <p>SEAL Theme 'Changes'</p> <p>My Money Unit 2 My Money Impact</p> <p>Heartstart</p> <p>Lucinda and Godfrey Puberty 1</p> <p>Enterprise</p>	C	C	C			
Year 6	<p>Class rules</p> <p>SEAL Theme 'New Beginnings'</p> <p>SEAL Theme 'Getting on and falling out'</p> <p>My Money Unit 1 Understanding My Money</p> <p>Diversity</p> <p>Prejudice and stereotypes</p>	<p>SEAL Theme 'Going for Goals'</p> <p>SEAL Theme 'Good to be me'</p> <p>My Money Unit 2 My Money Works</p> <p>Rights and responsibilities</p> <p>Assessing Risks</p> <p>Drugs</p> <p>Community</p>	<p>SEAL Theme 'Relationships' (inc. secrets)</p> <p>SEAL Theme 'Changes' (inc. divorce and bereavement)</p> <p>My Money Unit 2 My Money Impact</p> <p>Heartstart</p> <p>Lucinda and Godfrey Puberty 2</p> <p>The Media</p>	C	C	C			
Whole School	<p>Anti-bullying week (November)</p>		<p>Health Week linked to National School</p> <p>Sports Week (June)</p>						
Core themes		<p>KS1 and 2</p> <p>Health and wellbeing</p> <p>Relationships</p> <p>Economic wellbeing and being a responsible citizen</p>							

Term 1A – Healthy eating promotion – led by outside agency (Karen Pearson)

- Health week promotion.

- Launch of health ambassadors.

Term 1b – 3b – continuation of health ambassadors, health promotion.